north east
autism society



ACTIVITY GUIDE

A guide on activities and places to visit across the North East for neurodivergent families during the summer holidays

Our Big Summer Guide

to autism-friendly events and activities in the North East

School's out, and we've rounded up a guide to some great autism-friendly events for families during the summer holidays.

We've included activities in Newcastle, Gateshead, Northumberland, North and South Tyneside, Sunderland, Durham and Teesside.

Although every effort has been made to ensure these sessions are SEND specific, we advise to check with organisers when booking to ensure sessions meet your needs.

Often, places have to be booked, so sign up quickly before they go.

Please note events listed in this guide are delivered by external organisations and must be booked directly with them. Any comments, queries or complaints must also be given to the organisers of the event.

Have fun!



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Newcastle

What, Where, When and How to Book



Life Science Centre

Life has been accredited our Gold+ Standard Autism Acceptance Award. Our partnership began in 2018, with families from NEAS's community forming an advisory group to ensure that the Life Science Centre experience, from its exhibitions to its cafes, is accessible and welcoming to autistic people.

What: Life Centre – relaxed Sunday session

Where: Life Science Centre, Times Square, Newcastle NE1 4EP

When: 10th August, 10am-12pm

Book: See this link





Unite Club

Family Fun Day at Life Science Centre



The Alan Shearer Centre

What: Activities at the Alan Shearer Centre see the centre's Facebook page for more details.

Where: The Alan Shearer Centre, West Denton Close, Newcastle, NE15 7LU

When: Pirate Scavenger Hunt - 12th July, 1pm-3pm
Games in the Garden - 19th July, 11am-3pm
Friendship Bracelet Making - 30th July, 11am-1pm

Book: Ring 0191 2678118 or email reception@alanshearercentre.org.uk






Alan Shearer Centre
Activity Centre
Pirate Scavenger Hunt
Saturday 12th July
1.00pm - 3.00pm
Dress up in your favourite pirate outfit and get hunting!


Alan Shearer Centre
Activity Centre
GAMES IN THE GARDEN
Saturday 19th July
11.00am - 3.00pm
Join us in the garden for some games on the lawn.


Alan Shearer Centre
Activity Centre
Friendship Bracelet Making
BFF
FRIENDS
Wednesday 30th July
11.00am - 1.00pm

N.A.P.I

North East Action for Children Parents and Inclusion

What: Activities including sports, arts and crafts, forest school, swimming, coach trips and NUFC stadium tours

Where: Various locations throughout the North East

When: Every day throughout the holidays

Book: Email admin@napi.org.uk or call 0191 2656158

See posters below for full details...



EXCLUSIVE SEND ACTIVITIES NAPI@SIR CHARLES PARSONS

11-16 YRS

SCAN ME!



TUESDAY 29TH JULY	THURSDAY 31ST JULY	TUESDAY 5TH AUGUST	THURSDAY 7TH AUGUST
CIRCUS SKILLS SENSORY STORIES & MORE ACTIVITIES 10AM-2PM	SPORTS ARTS&CRAFTS COOKING FOREST SCHOOL OR ACCESSIBLE BIKES & TRIKES 10AM-2PM	SPORTS ARTS&CRAFTS COOKING FOREST SCHOOL OR ACCESSIBLE BIKES & TRIKES 10AM-2PM	SPORTS ARTS&CRAFTS COOKING FOREST SCHOOL OR ACCESSIBLE BIKES & TRIKES 10AM-2PM
TUESDAY 12TH AUGUST	**THURSDAY 14TH AUGUST**	**TUESDAY 19TH AUGUST**	**THURSDAY 21ST AUGUST**
SOUTHSHIELDS 10AM-4PM	SPORTS ARTS&CRAFTS COOKING FOREST SCHOOL OR ACCESSIBLE BIKES & TRIKES 10AM-2PM	SPORTS ARTS&CRAFTS COOKING FOREST SCHOOL OR ACCESSIBLE BIKES & TRIKES 10AM-2PM	SUMMER PARTY WITH PARTY GEMS 11AM-1PM



AT SIR CHARLES PARSONS SCHOOL, WESTBOURNE AVENUE, NEWCASTLE, NE6 4ED



www.napi.org.uk 01912656158 admin@napi.org.uk

*FREE HAF funded places available for children on free school meals or SEND / children must attend with parent or carer / dinner included for children 11-16 years old with SEND and or additional needs diagnosed and undiagnosed

SEND EXCLUSIVE ACTIVITIES NAPI@HADRIAN

3-11 YRS

SCAN ME!

WEDNESDAY 30TH JULY	FRIDAY 1ST AUGUST	WEDNESDAY 6TH AUGUST	FRIDAY 8TH AUGUST
SPORTS DAY ARTS&CRAFTS SENSORY STORY 10AM-2PM	SPORTS DAY ARTS&CRAFTS COOKING 10AM-2PM	ARTVENTURES CIRCUS SKILLS YOGA 10AM-2PM	ROCK POOL SCHOOL ARTS&CRAFTS SPORTS MASSAGE 10AM-2PM
WEDNESDAY 13TH AUGUST	**FRIDAY 15TH AUGUST**	**WEDNESDAY 20TH AUGUST**	**FRIDAY 22ND AUGUST**
SPORTS DAY ARTS&CRAFTS SENSORY STORY 10AM-2PM	SPORTS YOGA ARTS&CRAFTS ALPACAS 10AM-2PM	HAF CELEBRATION EVENT @ COCHRANE PARK 10AM-2PM	SUMMER PARTY WITH PARTY GEMS 11AM-1PM



AT HADRIAN SCHOOL, BERTRAM CRES, NEWCASTLE, NE15 6PY



www.napi.org.uk 01912656158 admin@napi.org.uk

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EXCLUSIVE SEND ACTIVITIES @SIR CHARLES PARSONS

#3-16 YRS FAMILY SWIM

SCAN ME!

TUESDAY 29TH JULY
10.30AM
11.30AM
1.00PM

THURSDAY 31ST JULY
10.30AM
11.30AM
1.00PM

TUESDAY 5TH AUGUST
10.30AM
11.30AM
1.00PM

THURSDAY 7TH AUGUST
10.30AM
11.30AM
1.00PM

THURSDAY 14TH AUGUST
10.30AM
11.30AM
1.00PM

TUESDAY 19TH AUGUST
10.30AM
11.30AM
1.00PM



www.napi.org.uk 01912656158 admin@napi.org.uk

*FREE HAF funded places available for children on free school meals or SEND / children must attend with parent or carer / dinner included for children 3-16 years old with SEND and or additional needs diagnosed and undiagnosed

SEND EXCLUSIVE ACTIVITIES NAPI@COMMUNITYTRIPS

MONDAY 28TH JULY
NAPI@HADRIAN SOUTHSHIELDS TRIP ON NAPI@HADRIAN ENQUIRY



MONDAY 11TH AUGUST
WEST ROAD TRAMPOLINE PARK ON NAPI@HADRIAN ENQUIRY

TUESDAY 12TH AUGUST
NAPI@SIR CHARLES PARSONS SOUTHSHIELDS TRIP ON NAPI@SCP ENQUIRY

MONDAY 18TH AUGUST
HALL HILL FARM TRIP ON NAPI@HADRIAN ENQUIRY

WEDNESDAY 20TH AUGUST
HAF CELEBRATION EVENT TBC

www.napi.org.uk 01912656158 admin@napi.org.uk

*FREE HAF funded places available for children on free school meals / children must attend with parent or carer / dinner included for children 3-16 years old with additional needs and or send diagnosed and undiagnosed

Parents Support Group

Organised by The Toby Henderson Trust

What: Parent Support Groups with free crafts for children and young people.

Where: Gosforth Civic Theatre, Regent Farm Road, Gosforth, NE3 3HD.

When:

- Tuesday 5th August at 1.30pm - 3pm

Book: Email reception@ttht.co.uk with:

- Your name, child's RIO (medical number), child's age, your postcode.



East End Pool

What: Kids Activity Days at East End Pool featuring Aqua Splash, slides, and lunch. Free for children aged 5–16 (must be accompanied by an adult).

Where: East End Pool

When:

- Wednesday 23rd July – 10:00–12:00 & 12:00–14:00
- Wednesday 30th July – 10:00–12:00 & 12:00–14:00 (SEND session)
- Wednesday 6th August – 10:00–12:00 & 12:00–14:00
- Wednesday 13th August – 10:00–12:00 & 12:00–14:00 (SEND session)
- Wednesday 20th August – 10:00–12:00 & 12:00–14:00
- Wednesday 27th August – 10:00–12:00 & 12:00–14:00 (SEND only)

Book: Visit East End Pool in person to complete registration and terms & conditions (max 4 spaces per family).
For SEND sessions, email paul.gates@gll.org.

Treehouse HAF Event

What: Free arts and movement workshops for SEND young people and their families in Newcastle.

Where: Treehouse Early Years Centre, Brunel Terrace, NE4 7NL.

When:

- Thursday 24th July
- Thursday 31st July
- Thursday 7th August
- Thursday 14th August
- Tuesday 19th August
- Tuesday 26th August
- Time: All sessions run from 11:00 AM to 3:00 PM.

Book: Phone: 0191 278 8458
Email: treehouseenquiries@newcastle.gov.uk



Sporting Chance NE

A summer holiday programme offering a variety of fun and enriching activities for children and young people.

What: A free, inclusive holiday activity programme designed to keep children active, creative, and engaged during the summer break.

Activities include:

- Crafts
- Cookery
- Multi-sports and games
- Trips to local parks and farms

When: Monday 28 July – Friday 22 August 2025
Daily from 10:00 AM to 2:00 PM

Where: Sporting Chance North East
Cowgate Centre
Houghton Avenue
Newcastle upon Tyne
NE5 3UT

Book: Booking is required. You can:
Telephone: 0790 324 9493
Email: info@scne.org.uk
Website: x.com/scne_educate



Disability North

What: Inclusive Art and Craft Workshops (ages 8+)

When: Wednesdays, 1pm-3pm on the following dates:

- July 23rd
- July 30th
- August 6th
- August 13th
- August 20th
- August 27th

Where: Disability North The Dene Centre Castles Farm Road Newcastle upon Tyne NE3 1PH

Book: Email events@disabilitynorth.org.uk

Additional details:

- Free to attend
- 10 places available per session



FREE

active future

SEN SUMMER CAMP

For Children with Special Educational needs, aged 5-11 that are in receipt of benefit related Free School Meals. Children will receive a Free Hot, Healthy and Nutritious meal every day on our camp! If you have any queries prior to booking onto our camp, please contact us!

Activities include Nerf Battles, Dodgeball, Arts & Crafts, Dance, Badminton and many more!

WHERE?

Walbottle Academy
Hawthorn Terrace,
Newcastle Upon Tyne
NE15 9TP

WHEN?

28th July - 21st August
10am - 2pm



BOOK YOUR PLACE NOW!

Keith.davies@activefuture.info

07715523558

Newcastle City Council

Department for Education

Newcastle City Council

NPCF Newcastle Parent Carer Forum

SEND Support Hub 2025 Summer Event

Getting it right together







8th August 2025

11am to 2pm

Banqueting Hall, Newcastle Civic Centre, NE1 8QH

Come along to our FREE event. Find out about activities and services available to children and young people with additional needs and/or disabilities. Chat with providers to find out what they can offer. Plus there will be fun activity taster sessions for children and young people.

Arrive anytime. No need to book!

Scan the QR code to register your interest

localoffer@newcastle.gov.uk

MOCHII

Summer HOLIDAY CLUB

FOR CHILDREN AGED 6-14 WITH SEND

£12 PER CHILD

SIBLINGS WELCOME

EVERY WED DURING HALF TERM

ST HUGHS CHURCH, GOSFORTH, NE3 3HS

10-1PM

ACTIVITIES:

COOKING - BAKING - ARTS & CRAFTS
POOL - FOOSBALL - VIDEO GAMES -
BOARD GAMES

& MUCH MORE

EMAIL
ADMI.MOCHII@GMAIL.COM

OR

MESSAGE OUR FACEBOOK PAGE TO BOOK YOUR PLACE!

Gateshead

What, Where, When and How to Book



The SEN Support Space

To book the below sessions visit: bookwhen.com/thesensupportspace

Date	Day	Time	Activity
July			
Jul 23, 2025	Wed	4 pm	Castle Soft Play
Jul 26, 2025	Sat	4 pm	Swimming
Jul 31, 2025	Thu	9 am	Whitehouse Farm Trip
August			
Aug 5, 2025	Tue	10:30 am	Horse Riding
Aug 13, 2025	Wed	3:30 pm	Big Science
Aug 14, 2025	Thu	4 pm	Castle Soft Play
Aug 24, 2025	Sun	4 pm	Haltwhistle Outdoor Pool
Aug 27, 2025	Wed	4 pm	Castle Soft Play

Brighten the day HAF events

The following information outlines the provision for children with SEND at Brighten the Day holiday clubs. This is meant as guidance only and parents and carers of children with SEND should contact the club before making a booking to ensure that club is suitable and has capacity for their child/children.

What: Brighten the Day is Gateshead Council's Holiday Activities and Food (HAF) programme.

Where: Various locations in Gateshead

When: Every day throughout the holidays

Book: Find our more at www.gateshead.gov.uk





Parents Support Group

Organised by The Toby Henderson Trust

What: Parent Support Groups with free crafts for children and young people.

Where: Metrocentre Community Hub, Upper Green Mall, Metrocentre, Gateshead, NE11 9YG.

When:

- Tuesday 29th July, 10:00–11:30 AM
- Tuesday 26th August, 10:00–11:30 AM

Book: Email reception@ttht.co.uk with:

- Your name, child's RIO (medical number), child's age, your postcode.



Northumberland

What, Where, When and How to Book



Northumberland

Ability2Play Activities Schedule

Adult Multi-Sports

What: Basketball, Football, Cricket and Dodgeball activities
When: Mondays, 1pm - 2:30pm
Where: Blyth Sports Centre
Cost: £4pp (18yrs+)

Stay All Day Blyth

What: Various games and sports all day with Newcastle United Foundation and Northumberland Cricket Board
When: Tuesdays, 10am - 3pm
Where: Blyth Sports Centre
Cost: £25pp (8yrs+)

Junior Youth Club

What: Pool, football, video games and social activities
When: Wednesdays, 5pm - 7pm
Where: Family Hub in Ashington
Cost: £5pp (8+)

Stay All Day Cramlington

What: Tenpin bowling, Clip n Climb and various fun sports & games
When: Thursdays, 10am - 3pm
Where: Concordia Leisure Centre
Cost: £25pp (8yrs+)

How to book:

Facebook: facebook.com/Ability2Play
Email: Bayley.Milligan@northumberland.gov.uk
Phone/Text: 07843 835398



Summer Holiday Club at Dukes Hagg

What: Outdoor forest activities and nature-based play

When:

- July: Monday 21st - Thursday 24th
- July: Monday 28th - Thursday 31st
- August: Monday 4th - Thursday 7th
- August: Monday 11th - Thursday 14th
- Time: 9:30 AM - 2:30 PM

Where: Dukes Hagg, Prudhoe
Age: Children aged 5-12 years
Provider: Stomping Grounds

Book: www.stomping-grounds.org/what-we-offer/holiday-clubs/

SEND Soft Play

What: Quieter soft play sessions with reduced capacity in 3-storey soft play centre. Calm environment for children to run, jump and have fun

When: Wednesdays, 5:00pm - 6:15pm

Where: Places Leisure (Part of Places for People)
Provider: Places for People Leisure UK working in partnership

Book: www.placesleisure.org



Disability Football Hub



What: Disability-inclusive football sessions

When:
- Monday 21st July
- Monday 28th July
- Monday 4th August
- Monday 18th August

Time:
- 2:30pm-3:15pm (Ages 6-11yrs)
- 3:30pm-4:30pm (Ages 12-16yrs)
- 4:30pm-5:30pm (Adults)

Cost: £3 per session

Where: Northburn Sports & Community Centre, Cramlington

Book: Email Amy.foggett01@northumberland.gov.uk

Tanga Club

What:
- South Tynedale Railway trips (£5/£4)
- Tanga in the woods sessions (£6)
- Calvert Trust Trip (£15/£6)

When:
- July 23rd: South Tynedale Railway trip
- July 29th: Calvert Trust Trip
- August 12th: South Tynedale Railway trip
- Tanga in the woods sessions: July 25th, August 1st, 8th, 15th, 22nd, 29th

Where: Various locations

Book:
- Online: https://bookwhen.com/tangafamily
- Email: projects@tangafamily.co.uk

Unite Club

Hot/Cold Food Option Provided.
Lunch Boxes Welcome.
Parent/Carer Support Drop - In from 2 - 3pm during activity days.

Unite Club.

Summer

Inclusive Activity Schedule:

Tuesday 22nd July - BLYTH - L OF A BAKE Cafe - 11am - 3pm
The BIG Holiday Heist

Monday 28th July - TBC - 11am - 3pm
LEGO Masters Day

Tuesday 29th July - BLYTH - L OF A BAKE Cafe - 11am - 3pm
Horrid History Day

Sunday 3rd August - STOCKSFIELD - Broomley Grange - 11am - 3pm
Summer Survival Squad: FAMILY SESSION. Arrive from 10.30am

Tuesday 5th August - TBC - 11am - 3pm
Space Camp: SPECIAL GUEST VISIT: Local Author - Naomi Barley

Monday 11th August - BLYTH - L OF A BAKE Cafe - 11am - 3pm
Back To The Future Day

SPECIAL EVENT (Tickets available at Eventbrite.com)
Friday 15th August - NEWCASTLE - LIFE Science Museum
Neurofest Visit - 11am - 4pm

Tuesday 19th August - BLYTH - L OF A BAKE Cafe - 11am - 3pm
Explorer Camp - Dinosaur Edition

Sunday 24th August - TBC - 11am - 3pm
Explorer Camp - Animal Edition

Monday 25th August - TBC - 11am - 3pm
Cookery Club

Tuesday 26th August - BLYTH - L OF A BAKE Cafe - 11am - 3pm
Cookery Club

Unite Club

Monday's, Tuesday's & Sunday's across Northumberland.

Unite Club.

Inclusive Activity List:

Summer

The BIG Holiday Heist:
Dodge lasers, fight fires, save lives and solve crimes in our hands-on emergency services day. Practice your emergency service skills, work as a team and try your hand at being the next great jewel thief!

LEGO Masters Day:
Are you the next LEGO master? Complete creative and engineering build challenges solo and in teams.

Horrid History Day:
Create your own hieroglyphics, avoid the plague and build a sword and shield fit for a jousting battle in this day inspired by history.

Summer Survival Camp: WHOLE FAMILY SESSION
Test your survival skills and bravery at Broomley Grange Activity Centre.

Space Camp:
SPECIAL GUEST VIST: Local Author - Naomi Barley
Join Naomi and The Zig Zags for a day full of space themed activities.

Back To The Future Day:
Head back to the 90's and check out twister, friendship bracelets and pass the parcel, join us in 2025 for a nerf battle and messy play, then head to the future and design your own game to play in 2050!

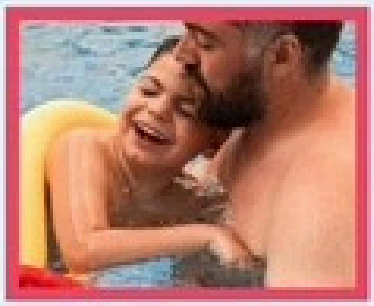
Neurofest Visit: Tickets Available at Eventbrite.com
Head to LIFE Science Museum and visit Unite Club's NEUROFEST 2025!

Explorer Camp:
Dig for buried jewels and fossils, build erupting volcanoes and save the dinosaurs from the Ice Age. Are you brave enough to explore?

Cookery Club:
Show off your cookery skills by making pizza and decorating cookies. PLUS try your hand at a game of "Is it cake?!" Non-Food activities available.

SEND family swim sessions

Friday 1st August 4pm - 6pm
Friday 8th August 4pm - 6pm
Friday 29th August 4pm - 6pm





These sessions are aimed at swimmers with additional needs and or disabilities and their families.

There will be a dramatically reduced capacity for this session for swimmer comfort and enjoyment

Haltwhistle Community Shop

For more info and registrations please email us at reception@haltwhistleleisure.co.uk

funded by Haltwhistle community shop

Haltwhistle

North Tyneside

What, Where, When and How to Book



North Tyneside

NTDF Summer Holiday Youth Sessions

What: Activities including crafts, sports, games, dancing, singing, pool, kurling, gardening, cooking, baking and more.
Young people ages 8+

When: Monday - Thursday, 10am - 3pm throughout the 6 weeks holidays

Book: Contact Susan at 0191 466 1667 or susan.proctor@ntdf.co.uk

SEN Friendly Sessions (Ages 0-8)

What: Special sessions suitable for children with special educational needs. Various dates throughout the summer.

When:

- Monday 4 August - Riverside Family Hub, 10-11.30am
- Thursday 14 August - Shiremoor Family Hub, 10-11.30am
- Tuesday 19 August - Howdon Family Hub, 10-11.30am

Book: Call your local family hub (booking required):

- Shiremoor Family Hub: 0191 643 8297
- Howdon Family Hub: 0191 643 2229
- Riverside Family Hub: 0191 643 8899



Pathways4All

The activities cater to different interests and age groups, with each week offering a good mix of active play, creative activities, and unique experiences.

Animal Week (July 21-25)

- Monday 21st: Outdoor games & Animal Face painting (1-3pm)
- Tuesday 22nd: Crafty Tuesday (1-3pm)
- Wednesday 23rd: Crazy Creatures (1-3pm)
- Thursday 24th: Alpaca Visit (1-3pm) - Must be prebooked, limited spaces
- Friday 25th: Elephant Inflatable (10-4pm)

Sports Week (July 28 - August 1)

- Monday 28th: Outdoor Games (1-3pm)
- Tuesday 29th: Crafty Tuesday (1-3pm)
- Wednesday 30th: Inflatable Penalty Shoot Out (10-4pm)
- Thursday 31st: Stay & Play (10-4pm)
- Friday 1st August: Surf Simulator (10-4pm)

Princess & Pirate Week (August 4-8)

- Monday 4th: Outdoor treasure hunt & glitter tattoos (1-3pm)
- Tuesday 5th: Crafty Tuesday (1-3pm)
- Wednesday 6th: Captain Raggy Beard (1-3pm)
- Thursday 7th: Princess Tea Party (1-3pm)
- Friday 8th: Inflatable Carriage (1-3pm



Under the Sea Week (August 11-15)

- Monday 11th: Bubbles & Outdoor play (1-3pm)
- Tuesday 12th: Crafty Tuesday (1-3pm)
- Wednesday 13th: Water fight - weather permitting (1-3pm)
- Thursday 14th: Under the Sea Inflatable Slides (1-3pm)
- Friday 15th: Rockpool School (1-3pm)

Dinosaur Week (August 18-22)



- Monday 18th: Stay & Play (10-4pm)
- Tuesday 19th: Walk the Dinosaur (1-3pm)
- Wednesday 20th: Fossil Hunt (1-3pm)
- Thursday 21st: Stay & Play (10-4pm)
- Friday 22nd: Dinosaur Inflatable (10-4pm)

Celebration Week (August 25-29)

- Monday 25th: CLOSED - Bank Holiday
- Tuesday 26th: Stay & Play (10-4pm)
- Wednesday 27th: Face painting, glitter tattoos & friendship bracelets (1-3pm)
- Thursday 28th: Foam Party with Party Gems (1-3pm)
- Friday 29th: Inflatable Disco Dome (1-3pm)

Pathways 2 Nature - Summer Holiday Sessions

What: Outdoor fun, nature activities, alpaca care
When: Mondays & Thursdays (10:30-14:30)
Cost: £35 per session

Booking Information

Alpaca Visit (July 24th) requires pre-booking with limited spaces. Contact: janine@pathways4all.co.uk

The Wildside Family SEN Session

What: Outdoor nature-based sessions designed for families with children who need a quieter environment. These sessions are similar to regular family holiday events but with fewer attendees to support children who may struggle in busy settings. Activities include nature play, crafts, and exploration, all facilitated in a calm, inclusive environment.

Where: The Wildside, NE27 0TA (near Shiremoor Library and Doctor's Surgery).

When: Multiple dates and times throughout the summer holidays (check the booking page for availability).

Book: Visit the TicketTailor event page and select your preferred session. Tiered pricing is available—choose what you can afford. Please only book if your child genuinely benefits from a quieter setting.

South Tyneside

What, Where, When and How to Book



KAYAKS

Kids And Young Adults Klub – Special needs support group

When: **July:**

- Sat 19th: Wild About Nature - Eco-play with Williby Rocs (insect hotels, seed bombs, muddy beasties)
- Sat 26th: Schools Out Cheer - Movement session with At One, creative zones

August:

- Sat 2nd: Meet the Animals - Emma Exotics (snakes, lizards, wildlife crafts)
- Sat 9th: Bubblolgist - Giant bubble show, tricks & crafts
- Sat 16th: Kayaks Sports Day - Inclusive games, football, Hobby Horsing
- Sat 23rd: CLOSED
- Sat 30th: End of Summer Party - Disco Bingo, bubbles, quizzes

12-4pm (all sessions)

Where: Harton Academy 6th Form Building, South Shields

Cost: £2 per child | Parents/carers FREE

Includes: Buffet + bouncy castle, creation station, construction area, sensory zones

Book: FSM-eligible families in South Tyneside: FREE via The Plinth (South Tyneside Council HAF funding)

Visit www.facebook.com/Thekayaks

Toby Henderson Trust

What:

- Sibling Workshop (free 1-day session)
- For children/young people aged 8–17 in South Tyneside who have an autistic sibling or a sibling on the diagnostic pathway
- Fun, focused activities to help siblings feel empowered, meet peers in similar situations, and learn knowledge/strategies

When: Tuesday 19th August 2025
10 am – 2 pm

Where: Autism Hub, Gordon Street, South Shields
Delivered by The Toby Henderson Trust team:

- Lynda Richardson (Head of Operations)
- Fiona Richards (Autism Hub Manager)
- Other Hub team members

Book: Email: autismhub@tht.co.uk
Phone: 0191 816 0550
Note: Places are limited



South Tyneside HAF

For children and young people aged 5–16 years (up to 18 years for SEND) who receive benefit-related free school meals.

What: Holiday Activities + Food Summer – A free programme of fun activities and meals for young people.

When: Monday, 22nd July – Sunday, 1st September

Where: Organised by South Tyneside Council – specific locations likely vary and can be found via the booking link or contact details.

Book:

- Website: www.southtyneside.gov.uk/holidayclub
- Phone: 0191 424 0118
- Email: haf@southtyneside.gov.uk



Youth Hub

To book any of these sessions, email youth-hub@autismable.com
or call: 07949 433919

SUMMERTIME SAVOURY

Wednesday mornings

Are you a foodie? Join us to create scrumtious savoury dishes in our brand new kitchen.

BOOK NOW

SUMMERTIME SWEET

BOOK NOW

Wednesday afternoons

Have you got a sweet tooth?
Come along to bake some delicious treats.

TRAVEL TRIBE

BOOK NOW

Thursdays

Come with us for some adventures on public transport to visit some amazing places like Tynemouth Aquarium and York Train Museum.

SENSORY STUDIO

Friday 25th July

In the morning explore, relax and connect with the sensory activities.

BOOK NOW

In the afternoon create your own sensory support items.

ABOUT ART

Fridays

BOOK NOW

Get your creative juices flowing and take part in loads of arty activities including tie dye, diamond art, painting and sculpting

MOVIE NIGHT

Friday 1st August

Join us at the Youth Hub cinema to watch a movie in our calm and inclusive space with loads of amazing snacks!

BOOK NOW

MEDIA MARVELS

Wednesday evenings

Come and try out our regular weekly group to make social media content to help empower other young neurodiverse people.

BOOK NOW

EXPRESS YOURSELF

JOIN US

Tuesday evenings

Join our weekly social club, packed with fun creative activities, quizzes, games, and friendly faces.

GEEK CAFE

Saturday mornings

JOIN US

Get your geek on at our regular social club. We have games consoles, boardgames, comic books and special themed activities.

CRISP BATTLE

Every lunchtime

If you are joining us all day during the summer you can take part in CRISP BATTLE 2025

Use your 5 senses to judge different flavours and brands.

WHICH CRISP WILL WIN?!

GOOD TO KNOW.....

FREE

- All activities are FREE and for young people with SEND aged 14-25
- Detail of the dates and times of the sessions can be found on the booking form.
- Lunch will be provided or you can bring a packed lunch if you join us for a full day of activities.
- Some activities need to be booked and some you can just come along to. Check the stickers!

JOIN US

BOOK NOW

Sunderland

What, Where, When and How to Book



Tailored Leisure Co.

To book any of the below sessions: go to
Tailored Leisure events

Aquatic Inflatable Fun

- Location: Sunderland Aquatic Centre, SR5 1SU
- Date: Thursday 24th July
- Time: 10:30 AM – 11:30 AM

Cinema Experience

- Location: Sunderland Empire, SR1 3PZ
- Date: Monday 28th July
- Time: 1 PM – 4 PM

Bowling

- Location: Sunderland Bowl, SR1 1TR
- Date: Wednesday 18th July
- Time: 10 AM – 12 PM



Petting Zoo Day

- Location: Down at the Farm, DH5 8JG
- Date: Friday 31st August
- Time: 11 AM – 2 PM



Trampolining

- Location: Super Tramp, SR5 3X
- Date: Friday 27th July
- Time: 11 AM – 12 PM

Gardening Experience

- Location: New Springs City Church, SR6 9QR
- Date: Tuesday 17th July
- Time: 10 AM – 11 AM

Family Fun & Pizza Making

- Location: New Springs City Church, SR6 9QR
- Date: Tuesday 31st July
- Time: 10 AM – 12 PM

Inflatable Fun

- Location: Rache Carter Academy of Dance
- Date: Wednesday 15th August
- Time: 11 AM – 12 PM





The Sensory Place Activities

Pond Dipping/Open Building/Crafts

- August 6th & 19th, 9:50am-4pm
- WWT Washington
- Cost: Children & Carers free, Adults £10
- Book: www.thesensoryplace.net/book-online

Inclusive Family Disco

- Friday July 18th, 6:00-7:30pm
- St Marys & St Peters Church, SR3 4DY
- Cost: Ages 3-16, includes disco lights, music, dancing, sensory props, tuck shop
- Book: www.thesensoryplace.net/book-online or contact Asha: Danceversity.ne@gmail.com (07468 595044)

SEND Gymnastics with Danceversity

- Friday August 1st, 10am-11am
- St Mary's and St Peter project
- Cost: £3 Members, £4 Non-Members
- Book: www.thesensoryplace.net

SEND Summer Holiday Activity Sessions

- Tuesday July 29th, August 5th, 12th & 19th, 10am-12pm
- Nissan Sport & Leisure Complex, Sunderland SR5 3NS
- Cost: £4 per person (ages 7-19 with additional needs, siblings welcome)
- Contact: info@smilethroughsport.com



The Sensory Place Activities

Souter Lighthouse Visit

- Wednesday July 30th, 10am meeting at Souter
- Cost: £3.50 per person, carers go free
- Book: www.thesensoryplace.net/book-online

Gateway Wheelers Cycling

- Multiple Wednesdays & Fridays (July 23rd, Aug 1st, 6th, 13th, 20th, 27th, Sept 3rd), 11am-12pm
- Where: Rectory Park Houghton
- Cost: £3.50 Members, £4 Non-Members
- Book: www.thesensoryplace.net/book-online





Sunderland

The Special Lioness Activities

What: Various sessions including:

- Monday 4th AM: Messy Makers
- Monday 4th PM: Little Trowel Outdoor Learning
- Tuesday 5th, Wednesday 6th, Friday 8th: Private hire available
- Thursday 7th AM: Busy Bodies
- Thursday 7th PM: Explorers
- Saturday 9th & Sunday 10th: Private hire/birthday parties available

When: August 4th-10th

Where: 4 Baird Close, Washington, NE37 3HL

Book: www.TheSpecialLioness.com

Summer HAF Days - Art Ventures & Science Buddies

What: LEGO Builders, Art & Science activities, Sporty Games, hot healthy lunch

When: Monday July 28th - Monday August 18th, 9am-1pm daily

Where: Artspace, Washington

Cost: Free for children on means-tested free school meals or with SEND; limited paid spaces available

Book: www.sciencebuddies.co.uk/events or message Katie 07772477201

Sunderland

Summer Holiday Disability Cricket Taster

What: Table and softball cricket for SEND children and young people aged 7-25

When: Thursday August 14th, 11am-12pm (Table Cricket), 12pm-1pm (Softball)

Where: Washington Leisure Centre
Table and softball cricket for SEND children and young people aged 7-25

Book: Washington Leisure Centre, Tel: 0191 416 6642

SEND Sessions - The Wacky Warehouse

What: Indoor play sessions for children with additional needs

When: Monday night between 6PM-8PM plus the first Saturday morning of every month between 9AM-10.30AM

Where: Wacky Warehouse, Story Book, Abingdon Way, NE35 9PB

Book: Find out more www.facebook.com/wackywarehouse.boldon





County Durham

What, Where, When and How to Book



Little Treasures

To book the below sessions,
email Littletreasuresactivities@gmail.com

Science Buddies + Food

- Wednesday, August 20th, 10am-1pm
- Bullion Hall, Chester Le Street, DH2 2ES
- Science activities followed by food

Amanda's Creature Comforts + Food

- Wednesday, August 13th, 9:30am-12:30pm
- Bullion Hall, Chester Le Street, DH2 2ES
- Animal experience followed by food

Planet Leisure (Bowling & Golf)

- Friday, August 22nd, 2pm-6pm
- Planet Leisure, 7-8 Maple Way, Newton Aycliffe, DL5 6BF
- Bowling and golf activities + food (Age 12+)

Kids Archery + Food

- Tuesday, August 12th, 11:30am-3pm
- Ferry Hill, Dean Bank Institute, DL17 8PP
- Archery session followed by food (Age 12+)

Bouncy Castle & Sand Art

- Wednesday, July 30th, 10am-1pm
- Ferry Hill, Dean Bank Institute, DL17 8PP
- Bouncy castle and sand art activities + food

Big Science Show + Food

- Tuesday, August 12th, 1pm-4pm
- Horden Centennial Centre, Horden, SR8 4LX
- Science demonstration followed by food

Big Science Show + Food

- Tuesday, August 12th, 1pm-4pm
- Horden Centennial Centre, Seventh Street, Horden, SR8 4LX
- Science demonstration followed by food

Crazy Creatures + Food

- Thursday, July 31st, 1pm-4pm
- Horden Centennial Centre, Seventh Street, Horden, SR8 4LX
- Animal experience followed by food

Yoga & Crafts

- Saturday, July 19th, 11am-12:30pm
- Burnhope Community Centre, Langley Avenue, Brunhope, DH7 0AG
- £5 per family

Archery Session

- Saturday, August 2nd, 11am-12:30pm
- Burnhope Community Centre, Langley Avenue, Brunhope, DH7 0AG
- £5 per family

Lanchester Garden Centre Visit

- Thursday, August 21st (10am or 12pm sessions)
- Lanchester Garden Centre Potter's world and zoo visit - £3 per person

How to Book:

Free School Meal children: Book via Fun and Food online portal when you receive tickets from school
General booking: www.littletreasures.org.uk
Mobile app: www.mobileapp.app/ with invite code: ZDUWX7
Tickets: Contact Fun and Food tickets if you think you should. have received a ticket but haven't.

- *Note: Limited free school meal places available via Fun and Food, with additional limited spaces via Little Treasures website. Some sessions are SEN Exclusive.*

The Sensory Place

Rockpool School Session

What: During the session your child will learn all about marine life and some of the creatures we find along our shores.

When: Tuesday 22 July, 1PM & 2.30PM

Where: Waterhouses, Community Association, Durham
£3 member - £4 non member

Book: Online www.thesensoryplace.net/book-online



Little SENDsations

For a full list of the activities and to book visit
www.bookwhen.com/littlesendsations

Date	Day	Time	Activity
Jul 1, 2023	Wed	12:30pm BST	Coffee Chats
Jul 26, 2025	Sat	1 day	Surfing and Hawaiian beach day!
Aug 1, 2025	Fri	12pm BST	Hardwick picnic and sensory walk
Aug 5, 2025	Tue	3pm BST	CuriosiTeas messy play session
Aug 8, 2025	Fri	10am BST	Hall hill farm
Aug 10, 2025	Sun	4pm BST	Splash exclusive hire
Aug 11, 2025	Mon	1 day	Blackpool coach trips
Aug 18, 2025	Mon	10am BST	Music wonders cic
Aug 18, 2025	Mon	12:30pm BST	Music wonders cic
Aug 19, 2025	Tue	1 day	Light water valley
Aug 21, 2025	Thu	3pm BST	CuriosiTeas messy play
Aug 27, 2025	Wed	10am BST	Noo Noo's forest school
Aug 31, 2025	Sun	11am BST	Summer SEND off

Learning A New Way
SEND Holiday Clubs

What: Holiday clubs for children with SEND offering:

- Physical activities and games
- Walks to Jubilee Park and town exploration
- Crafts & Lego activities
- Messy play and sensory sessions
- Team challenges and quiet activities
- Mid-morning snack and lunch provided (before home time)

Where: TYP, Off Rosa Street, DL16 7NB

When: Two different sessions available:

Session 1: Extended Hours

- Days: Monday, Tuesday & Wednesday
- Time: 9am - 12pm
- Ages: 9-12 years

Session 2: Afternoon Sessions

- Days: Tuesday & Wednesday
- Time: 12:30pm - 3:30pm
- Ages: Not specified
- Cost: £6 per person
- Includes: Mid-afternoon snacks

Book: Online: https://bit.ly/LaNWCIC

Alternative: Use the code sent directly to you from school

Note: All sessions must be booked in advance

Teesside

What, Where, When and How to Book



Daisy Chain

For the full list of activities and to book visit daisychainproject.co.uk

What:

- Family activity days
- Stay and play sessions
- Family Whitby Trip
- HAF events
- Give it a Go - sports taster sessions

When: Various dates throughout the summer.

Special Event

- Daisy Fest 2025 - August 25th (Bank Holiday Monday)
  - Free entry, no booking required
  - Family fun day with farm experiences, inflatables, rides, games, and entertainment

Where: All activities are based at Daisy Chain, Calf Fallow Farm, Calf Fallow Lane, Norton, Stockton-on-Tees, TS20 1PF unless otherwise specified.

Book: www.daisychainproject.co.uk



HAF Events

For families in Middlesbrough and Redcar & Cleveland. Tailored offerings for primary school, secondary school, and SEND children. Book as soon as possible due to high demand and first-come, first-served system.

What:

- Sport or physical activity, for example football, swimming, or table tennis.
- Creative activities, for example music workshops or putting on a play.
- Experiences, for example a nature walk or visiting a museum
- Sport, arts & crafts and wellbeing sessions.

Included with every session:

- Each child who attends will also receive a meal throughout the programme.

Who can attend:

- Ages: Children and young people aged 5 to 16 years
- Eligibility: Children and young people from families in receipt of free school meals related benefits

When: Various dates throughout the summer holidays.

Where: Various locations across Middlesbrough and Redcar & Cleveland.

Book: www.middlesbrough.gov.uk

Stockton HAF Events

Tailored offerings for primary school, secondary school, and SEND children
Focus on socialising, learning, and having fun. Book as soon as possible due to high demand and first-come, first-served system.

What: Free activities for eligible children including:
horse riding, gymnastics, football, sports activities, arts and crafts, Air Trail, music making, gym passes.

Included with every session:

- Free nutritious meal for every child
- 60 minutes of physical activity

When:

- Dates: Tuesday, July 22 to Friday, August 29, 2025
- Exception: Closed Monday, August 25 (Bank Holiday)
- Booking: Open now until sessions are full

Who can attend:

- Ages: Reception to Year 11
- Eligibility: Families must be in receipt of benefits-related free school meals or meet wider criteria
- Check eligibility: HAF webpage

Where: Activities run across Stockton-on-Tees Borough at various locations (specific venues listed on booking page)

Book:

- Online: HAF webpage
- Phone: 01642 527752
- Email: haf@stockton.gov.uk





Middlesbrough Sports Village

What: Disability Soft Play Sessions
Cycling Sessions using accessible bikes on the track.

When: Every Friday

- Soft play: 5:30-7:00pm
- Cycling: 4:30-5:15pm & 5:15-6:00pm

Where: Middlesbrough Sports Village

- Pre-booking required for the bikes
- £2.00 per person for soft play
- £2.00 per person for bikes

Additional information:

- Features newly refurbished accessible bikes.
- Great way to get into cycling for people with disabilities.

Book: Please phone 01642 300777 for further info or visit www.everyoneactive.com

Fuzzy Eds Fun House

SEND soft-play sessions

What:

- Soft play sessions for children and young people with SEND (Special Educational Needs and Disabilities).
- Run by Fuzzy Ed's in association with Parents 4 Change.

When:

- Every Wednesday
- 5:00pm - 7:00pm

Where:

- Fuzzy Ed's Fun House, Coulby Farm, Stokesley Road, Hemlington, Middlesbrough, TS8 9DX

Book:

- Cost: £3 per child
- Phone: 01642 594140
- Website: www.fuzzyeds.co.uk





Forest School - The Glowsticks Project

Outdoor sessions for autistic children/young people (no diagnosis required)

What: Sport or physical activity, for example football, swimming, or
Activities include: tool use, campfire lighting and cooking, natural arts and crafts, scavenger hunts
Two age groups:

- Junior Forest School (5-12 years)
- Teen Forest School Survival Skills (13-25 years)

When: Sunday 27th July
Junior Forest School: 10:30am - 12:30pm
Teen Forest School: 1:00pm - 3:00pm

Where: Saltburn Valley Woodland Centre

Book: Cost: £5
Run by Woods and Waves Forest and Beach School CIC
Associated with Glowsticks Project
theglowsticksproject.org.uk

SNAPS Activities

To book contact Ruth Benson: 07745969049 or email: info@snapstoesvalley.co.uk

www.snapstoesvalley.co.uk

Date	Time	Activity	Description	Cost	Venue
19th July	4pm-5pm	Exclusive SNAPS Swimming	Parent/Carer in water with child/young person	£3.00 per child/young person	SPLASH Stockton
19, 26 July	10am-11am	SNAPS Goals FUN Football	Skills - no Big Match	£3.00 per child	Northfield School Sports Dome
21, 28 July	6pm-8pm	Fuzzy Ed's Soft Play	Soft Play	£4.00 per child, £2.00 each additional child	Horse & Jockey, Stockton, TS19 8HH
22, 29 July	10am-12pm	Back2Basics Games Toys Crafts	Games, Toys, Crafts	£3.00 per child	Newtown Community Resource Centre
29th July	2:30pm-4pm	Go Climb	Climbing Wall	£6.50 per child	Billingham Forum,
July (Dates TBC)	10:15am	ARC Cinema	Films (To Be Confirmed)	£4.50 per person (includes Goody Bag)	ARC, Stockton, Dovecot St, TS18 1LL
24, 31 July	10am-12pm	Back2Basics Challenges	Pool, 4 in a row, table football, Jenga & More!! Plus the Toys & Games...	£3.00 per child	Newtown Community Resource Centre
25th July	9:30am-10:30am	Ice Skate	Go on ice with wheelchairs, frames, sledges, penguin, snowmen stabilisers	£3.00 per child/young person	Billingham Forum
2 & 30 August	12pm-12:30pm, 12:30pm-1pm, 1pm-1:30pm, 1:30pm-2pm	WheelyBoat	Short Boat trip on River Tees (4½ hour time slots, 6 places on boat, accessible for wheelchair users)	£2.50 per person (Adults & Children)	River Tees Watersports Centre

Date	Time	Activity	Description	Cost	Venue
16th August	4pm-5pm	Exclusive SNAPS Swimming	Parent/Carer in water with child/young person	£3.00 per child/young person	SPLASH Stockton
2,9,16,30 August	10am-11am	SNAPS Goals FUN Football	Skills - no Big Match	£3.00 per child	Northfield School Sports Dome
4th August	Board 9:30am, Sail 10am-12pm	Teesside Princess	2 hour Cruise on River Tees	£7.50 per person (Adults & Children, includes Goody Bag)	Castlegate Quay, Stockton TS18 1BZ
4,11,18,25 August	6pm-8pm	Fuzzy Ed's Soft Play	Soft Play	£4.00 per child, £2.00 each additional child	Horse & Jockey, Stockton,
5,12 August	10am-12pm	Back2Basics Games Toys Crafts	Games, Toys, Crafts	£3.00 per child	Newtown Community Resource
12th August	2:30pm-4pm	Go Climb	Climbing Wall	£6.50 per child	Billingham Forum
26th August	1pm-4pm	SNAPS Summer Party	DJ Silly Steve - Games, Raffle, Tombola (Must be Paid in Time of BOOKING)	£2.50 per person (Adults & Children, includes Goody Bag)	Elm Tree Social Club
7,21 August	10am	Bowling	10 Pin Bowling child/adult bowling	£3.60 per child/adult	Teesside Park (Hollywood Bowl)
14,28 August	10am-12pm	Back2Basics Challenges	Pool, Jenga & More! Plus the Toys & Games...	£3.00 per child	Newtown Community Resource Centre
1,15,22,29 August (NO Ice skate on 8th)	9:30am-10:30am	Ice Skate	Go on th ice with wheelchairs, frames, sledges, penguin, snowmen	£3.00 per child/young person	Billingham Forum
2 & 30 August	12pm-12:30pm, 12:30pm-1pm, 1pm-1:30pm, 1:30pm-2pm	WheelyBoat	Short Boat trip on River Tees (4½ hour time slots, 6 places on boat, accessible for wheelchair users).	£2.50 per person (Adults & Children)	River Tees Watersports Centre

Autism Friendly Cinema Screenings



What: How to Train Your Dragon

Where:
- Cineworld, Boldon Leisure Park, Boldon Colliery, NE35 9PB, Tyne and Wear.
- The Gate, Newgate Street, NE1 5TG, Newcastle upon Tyne.
- Cineworld, Dalton Park, Murton, County Durham, SR7 9HU

When: Sunday, 3rd August 2025 at 11:00 AM.

Book: Visit the Cineworld website or use the app to purchase tickets for the right location location.

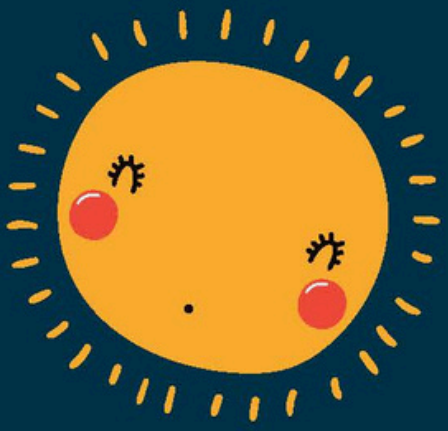


What: The Bad Guys 2 (1h 44m)

Where: Showcase Cinemas

When: Sunday, 27th July at 10:30 AM

Book: Visit showcasecinemas.co.uk and search for autism-friendly screenings of The Bad Guys 2on the specified date



Have a wonderful Summer

north east
autism society

www.ne-as.org.uk

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