DATE: TIME:

What happened before?	What did the child or young person do? Be specific. Avoid using phrases such as *"silly behaviour"* or *"temper tantrums"*.	What happened after?
Environment Where was the child or young person? What was the environment like at the time? **Think sensory.**	**People** Who was with the child or young person at the time? Who was near-by? What were these people doing?	**What demands were being placed on the child or young person?**
Any historical relevance Think trauma, stress and environments that have been problematic before.	**Feelings at the time** Did the child or young person communicate? e.g., echolalia. If yes, how were they feeling? What body language were they displaying? Were they unwell? Were they tired or hungry?	**Recovery time** What did "feeling better" look like for them? Where did they go to recover? How long did they need? What did they do? Was it useful?

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