north east
autism society



# GREAT Christmas BAKE OFF!



## Resource Pack

**Your pack contains:**
**Information about the North East Autism Society, home-based activities, recipes, participation certificates and more...**



**www.ne-as.org.uk**
**Registered charity number:** 1028260

# GREAT Christmas BAKE OFF!

## On your marks, get set ... bake!

**Think Christmas puddings, mince pies and gingerbread men – all in the name of a jolly good cause.**

### How to get involved

Challenge your family and friends, classmates or colleagues to don their aprons and whip up some sweet treats this Christmas.

From ambitious gingerbread houses to festive puddings, cookies and cupcakes, you can be as creative as you like - the only criteria is that the bakes have to be homemade.

### Let them eat cake

Set up a stall or table in your home, office or classroom and ask people to make a small donation to taste the entries.

### How it will help

All funds raised will help us to continue delivering our vital frontline services to autistic individuals and their families across the region.

### Be in it to win it

And don't forget to submit photos of your bake off entries to **fundraising@ne-as.org.uk** – there are prizes up for grabs for the most impressive designs!



**To register visit www.ne-as.org.uk/bakeoff**
**Call 0191 410 9974 or email fundraising@ne-as.org.uk**

# We're taking part in Great Christmas Bake Off



**By taking part, we will be helping the North East Autism Society raise vital funds to continue the round-the-clock services they provide to hundreds of children, young people and adults across the North-east.**

**DATE:** .....

# Activities for Children

**In this pack, we've included some helpful resources to enable you to celebrate our Great Christmas Bake Off event from your home.**







## We've got:

- Colouring sheets
- Gingerbread recipe
- Bake off decorations



# Ginger Colouring Competition



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# Design your own bunting

**Our Great Christmas Bake Off wouldn't be complete without some decoration – so why not design your own bunting. Simply print out our bunting template and decorate as you wish.**

**Using a hole punch and string to attach the bunting together, hang them in your home for Christmas!**



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# Bunting




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# Cake Flags

**Design your own flags that can be cut out and wrapped around cocktail sticks to be placed into the bakes for decoration**

## Design 1

*Side B* *Side A*

*Tooth Pick*

## Design 2

*Side B* *Side A*

*Tooth Pick*



# Cake Labels

**Always a firm favourite with students and staff alike, is there a tastier way to raise money than a good old-fashioned bake sale?**







**Decorate your cake stand with these labels so everyone can see you're raising money for the North East Autism Society!**

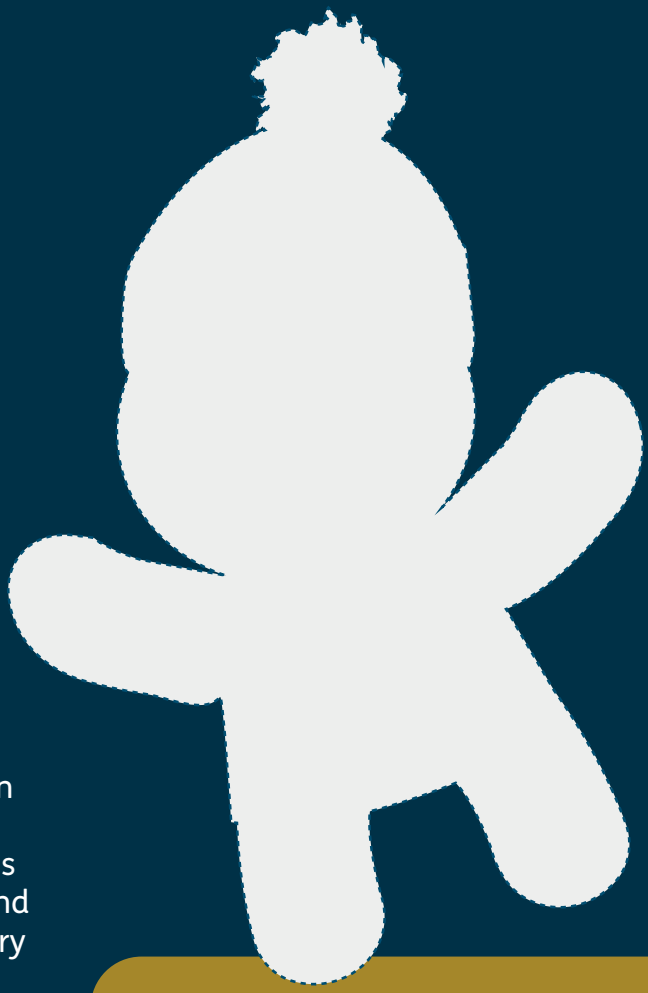
**Simply cut out the labels, fold and place them next to your cakes.**

# Gingerbread Recipe

## Ingredients

**Makes: 15 - 25 depending on size of cutters used**

- 350g plain flour
- 100g butter
- 5 1/2 teaspoons ground ginger
- 1 1/2 teaspoons ground cinnamon
- 1 teaspoon bicarbonate soda
- 175g light brown soft sugar
- 4 tablespoons golden syrup
- 1 medium egg
- Icing pens for decoration *(optional)*



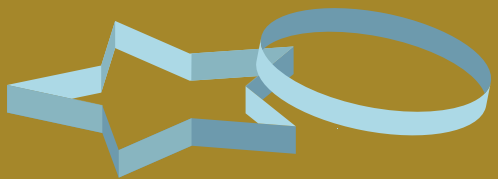
## Method

**Prep: 30min | Cook: 15min**

1. Preheat the oven to 180 C / Gas 4.
2. Put the flour, butter, ginger, cinnamon and bicarbonate of soda in a mixing bowl. Mix it all together with fingertips until crumbly. Add the sugar, syrup and egg and mix until it forms a firm pastry mix.
3. Using the rolling pin, roll out the pastry to about 5mm thick. Make sure the surface and the rolling pin are well dusted with flour. Use gingerbread men cutters to cut out shapes.
4. Place the cut-out pastry on a greased or non-stick baking tray.
5. Bake in the preheated oven until golden, about 15 minutes. Check after 10 minutes as some ovens may be quicker.
6. Use the icing pens to add a special Autism Acceptance t-shirt and beanie hat.

## DON'T HAVE A GINGERBREADMAN COOKIE CUTTER?

Simply cut-out Ginger's shape and use as temple!



# Congratulations!

This certificate is being presented to

.....

for

.....

*Well done!*

# My Sponsorship Info

north east **autism** society

**Name:**

**Address:**



The person named here has the intent to help us raise funds for North East Autism Society and the work we do for autistic, children, young people and adults. Please support their efforts on our behalf.

**Thank you for your support.**

| Name | Your Home Postcode | Your Home Address At least your home No. or Name<br>This must be your home address to claim Gift Aid | Amount Pledged | Amount Given | Date Given dd/mm/yy | Gift Aid? ✓ |
|---|---|---|---|---|---|---|
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If you have ticked the box headed 'Gift Aid' This confirms that you are a UK Income or Capital Gains taxpayer. You have read this statement and want the charity or Community Amateur Sports Club (CASC named above to reclaim tax on the donation detailed below, given on the date shown. You understand that you must pay an amount of Income Tax and/or Capital Gains Tax in the tax year at least equal to the amount of tax that all the charities and CASCs donate to and will reclaim on my gifts for that tax year. Please understand that other taxes such as VAT and Council Tax do not qualify. The charity will reclaim 25p of tax on every £1 that has been given.

| **FOR NEAS USE** | **Date processed** | **Total Gift Aid Donations** |
|---|---|---|
| **Total Income Tax to be reclaimed** | **Total Donations** | **Our Ref. No.** |

North East Autism Society, transforming the lives of autistic individuals 0191 410 9974 | Registered Charity No. 1028260

# Money Return Form

**Thank you for supporting autistic people and their families across the North-East.**

Please complete and return this form to: **North East Autism Society, Unit 15, Lumley Court, Drum Industrial Estate, Chester-le-Street, DH2 1AN**

| | | |
|---|---|---|
| **Title:** | **First Name:** | **Surname:** |
| **Organisation/Club/School/Company:** | | |
| **Address:** | | |
| | **Postcode:** | |
| **Email:** | **Phone:** | |
| **Reason for donating/Name of Event/Collection:** | | |
| **Amount Raised:** | | |

## Here are four easy ways to pay in your money:

1. Head to our website at **www.ne-as.org.uk/donate/payinfundraising** to pay via online card payment.
2. Call our Fundraising Team on **0191 410 9974** and make a card payment over the phone.
3. Complete this form and return it, together with your cheques (made payable to North East Autism Society) and any completed sponsorship forms, to the address at the top of the page.
4. Visit your local Barclays branch and pay your money directly into our bank account – **Sort Code 20-85-59**, **Account Number 70714674**. Please tell us, either by returning this form or by email to fundraising@ne-as.org.uk, when you made the deposit and at which branch so that we can track your donation.

North East Autism Society would love to keep you informed about our work and different opportunities to support autistic people and their families. If you ever want to change the way we keep in touch, just let us know by emailing fundraising@ne-as.org.uk or calling our team on 0191 410 9974.

**I am happy to hear from the North East Autism Society by:** **Email** ☐ **Post** ☐ **SMS** ☐ **Telephone** ☐

We know that your information and data needs to be kept safe, and we never give or sell your data or information to other charities or companies. For more information on how we use your date see our Privacy Policy on our website.

**By raising money for the North East Autism Society, you're doing something incredible to support thousands of autistic people –and their families – in our region. Thank you for supporting the important work we do every day across the North-east.**

**We couldn't do it without you and together we are changing lives!**

**If you have any questions, feel free to get in touch with our Fundraising team on 0191 4109 974 or email fundraising@ne-as.org.uk**










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autism society
www.ne-as.org.uk

Registered Charity No. 1028260
Company Limited by Guarantee No. 2859620

## We're social

NEAutismSociety

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